



# 親子教育資源中心

Parent Child Resource Centre

## 2022 Summer Kids EQ Online Course

<b>Date :</b> July 18-29	<b>Themes:</b> <ul style="list-style-type: none"><li>☺ Understanding myself</li><li>☺ Developing personality</li><li>☺ Building up self-confidence</li><li>☺ Handling emotions</li><li>☺ Expressing emotions</li><li>☺ Accepting and forgiving others</li><li>☺ Developing good habits</li><li>☺ Managing interpersonal relationship</li></ul>
<b>Time:</b> 2- 4 p.m.	

### Format:

Online classes will be conducted via Zoom- (Monday to Friday). Invitation will be sent directly to parent's email. Learning materials will be delivered to you prior to the start of the course. Each session is filled with interactive activities with songs, stories, lessons and discussions, reflection and sharing time.

**Age:** 6-12

**Fee:** \$ 180 + tax (each 2-week cohort)

(includes materials, parents EQ training book, postal service and one 2-hour parenting seminar after the course)

**Registration Deadline:** June 20, 2022

Form and payment must be received by this deadline in order to ensure enough time for materials to be mailed prior to the start date. Limited spots available!

### To register:

Please visit our website <https://parent-childeducation.ca/> to download the application form. You can also send an email to [parentchild.centre@gmail.com](mailto:parentchild.centre@gmail.com)

Please mail completed application form and cheque payable to  
Parent Child Resource Centre to our mailing address:  
PO Box 91075 Bayview Village, Willowdale, ON M2K 2Y6

**Contact & Inquiry:** Phone: 416- 493-3373 Email: [parentchild.centre@gmail.com](mailto:parentchild.centre@gmail.com)